

Menu January 2012



ISA: 480.874.2326

PITA JUNGLE MESA: 480.615.7482

Green Salad: Romaine Lettuce, Tomatoes, Cucumbers

Caesar Salad: Romaine Lettuce, Pita chips, Tomatoes, Cucumbers, Mozzarella Cheese

Fruit: Watermelon, Clementines, Grapes, Strawberries, Apples, Bananas

2-6 th	Monday 2 nd	Tuesday 3 rd	Wednesday 4 th	Thursday 5 th	Friday 6 th
	Ham Steaks Cous Cous Edamame Green Salad Apple Sauce	Spaghetti & Meat Sauce Caesar Salad Fruit: Chef's choice	Grilled Chicken Breast Green Beans Mashed Potatoes Green Salad Peaches	Turkey Slices with Pita Pockets, Hummus Zucchini Caesar Salad Plain Yogurt	Salmon Cous Cous Raw Carrots with Ranch Green Salad Strawberry Yogurt
9-13 th	Monday 9 th	Tuesday 10 th	Wednesday 11 th	Thursday 12 th	Friday 13 th
	Penne Pasta tossed in Olive Oil & Herbs Zucchini & Colby Cheese Caesar Salad Fruit: Chef's choice	Grilled Chicken Breast Cous Cous Green Beans Green Salad Peaches	Spaghetti & Meat Sauce Caesar Salad Strawberry Yogurt	Ham Steaks Mashed Potatoes Raw Carrots with Ranch Caesar Salad Apple Sauce	Half day No Lunch
16-20 th	Monday 16 th	Tuesday 17 th	Wednesday 18 th	Thursday 19 th	Friday 20 th
	No School	Turkey Slices with Pita Pockets, Hummus Lentils Green Salad Strawberry Yogurt	Fish Brown Rice Edamame Green Salad Plain Yogurt	Lentils Brown Rice Zucchini Green Salad Peaches	Penne Pasta tossed in Olive Oil & Herbs Zucchini & Colby Cheese Green Salad Fruit: Chef's choice
23-27 th	Monday 23 rd	Tuesday 24 th	Wednesday 25 th	Thursday 26 th	Friday 27 th
	Turkey Slices with Pita Pockets, Edamame Hummus Caesar Salad Fruit: Chef's choice	Grilled Chicken Breast Mashed Potatoes Green Beans Green Salad Peaches	Salmon Cous Cous Edamame Green Salad Strawberry Yogurt	Spaghetti & Meat Sauce Caesar Salad Plain Yogurt	Ham Steaks Mashed Potatoes Steamed Zucchini Caesar Salad Apple Sauce
30-31 st	Monday 30 th	Tuesday 31 st	Wednesday	Thursday	Friday
	Penne Pasta tossed in Olive Oil & Herbs Zucchini & Colby Cheese Green Salad Fruit: Chef's choice	Lentils Brown Rice Zucchini Green Salad Peaches			