



Menu December 2011

ISA: 480.874.2326

PITA JUNGLE MESA: 480.615.7482

Green Salad: Romaine Lettuce, Tomatoes, Cucumbers

Caesar Salad: Romaine Lettuce, Pita chips, Tomatoes, Cucumbers, Mozzarella Cheese

Fruit: Watermelon, Clementines, Grapes, Strawberries, Apples, Bananas

1-2 nd	Monday	Tuesday	Wednesday	Thursday 1 st	Friday 2 nd
				Ham Steaks Cous Cous Raw Carrots with Ranch Green Salad Apple Sauce	Turkey Slices with Pita Pockets, Hummus Edamame Green Salad Strawberry Yogurt
5-9 th	Monday 5 th	Tuesday 6 th	Wednesday 7 th	Thursday 8 th	Friday 9 th
	Penne Pasta tossed in Olive Oil & Herbs Zucchini & Colby Cheese Green Salad Fruit: Chef's choice	Grilled Chicken Breast Mashed Potatoes Green Beans Green Salad Fruit: Chef's choice	Salmon Raw Carrots with Ranch Cous Cous Green Salad Strawberry Yogurt	Lentils Brown Rice Zucchini Green Salad Peaches	Spaghetti & Meat Sauce Caesar Salad Apple Sauce
12-16 th	Monday 12 th	Tuesday 13 th	Wednesday 14 th	Thursday 15 th	Friday 16 th
	Fish Brown Rice Edamame Green Salad Strawberry Yogurt	Penne Pasta tossed in Olive Oil & Herbs, Zucchini & Colby Cheese Green Salad Fruit: Chef's choice	Turkey Slices with Pita Pockets, Hummus Green Salad Lentils Plain Yogurt	Spaghetti & Meat Sauce Caesar Salad Fruit: Chef's choice	Shredded Chicken Green Beans Cous Cous Green Salad Fruit: Chef's choice
19-23 th	Monday 19 th	Tuesday 20 th	Wednesday 21 st	Thursday 22 nd	Friday 23 rd
	No School	No School	No School	No School	No School
26-30 th	Monday 26 th	Tuesday 27 th	Wednesday 28 th	Thursday 29 th	Friday 30 th
	No School	No School	No School	No School	No School